

Liposomal C

Liposomal C is a liquid formula that harnesses the power of revolutionary liposomal nanotechnology to deliver pure vitamin C (ascorbic acid) to the body. Humans are not able to synthesize vitamin C endogenously like various animals can; thus, it must be consumed as part of your diet/supplement regimen.

Vitamin C has a multitude of roles in humans, primarily acting as an antioxidant (electron donor). As such, vitamin C is crucial for supporting healthy oxidative stress, energy production, and immune function.* It is also necessary for proper formation of neurotransmitters (especially dopamine and norepinephrine) and liver health.* Even more, recent research suggests that supplemental vitamin C is effective for supporting healthy cortisol rhythms and cognitive function (learning and memory).*

How Liposomal C Works

Vitamin C is an electron donor (reducing agent/antioxidant), and many of its biochemical and physiological functions are postulated to be accounted for by this function. Research is ongoing as to the precise means by which vitamin C effects humans, especially within the central nervous system and immune system. Findings suggest that vitamin C is imperative for supporting neuronal differentiation and maturation, as it appears to increase brain-derived neurotrophic factor (BDNF) – a peptide that contributes to cell survival and replication.*

Vitamin C also appears to increase catecholamine synthesis by acting as a co-substrate for enzymes that help form dopamine and noradrenaline.* Contrarily, studies suggest that deficiency of vitamin C increases risk of depression, accelerates neurodegeneration, and suppresses cognitive function (by decreasing catecholamine production).*

Moreover, research has shown that as little as 250 mg of vitamin C per day can support healthy cortisol levels, especially in active individuals.* Not only that, but research has also demonstrated that college students who consumed high doses of supplemental vitamin C reported that it promoted general health greater than those who took no vitamin C supplement.*

Furthermore, vitamin C is needed for the body to synthesize collagen, a key component of connective tissues.* When the body lacks vitamin C, the risk of a collagen-related disease called scurvy increases; this condition can cause symptoms such as lethargy, anemia, and skin issues. Consuming adequate vitamin C, through diet and supplementation, can help protect against scurvy.*

What is Liposomal Technology

Liposomal technology characterizes an advanced form of biological nanotechnology to deliver active nutrients to your body via liposomes – spherical vesicles containing phospholipid (fat) bilayers. Liposomes are non-toxic, pliable, biocompatible/biodegradable, and non-immunogenic.

Liposomal C Supplementation

Research cited herein suggests vitamin C is a key antioxidant in humans, with many roles throughout the brain and body.* To summarize, the most pertinent benefits of supplementation with Liposomal C may include:

- Supports regulating oxidative stress and immune function*
- Supports cognitive function and neuronal integrity*
- Helps support collagen synthesis*
- Supports healthy cortisol balance*



Form: Liquid

Serving Size: 5 mL (Approx. 1 Teaspoon)

Ingredients	Amount	%DV
Vitamin C (as Sodium Ascorbate)	1000 mg	1111%
Sodium (as Sodium Ascorbate)	122 mg	5%

Other Ingredients:

Filtered water, glycerin, organic cane alcohol (2%), natural citrus flavors, phospholipid (sunflower lecithin).

Directions:

Take 5 mL daily – preferably on an empty stomach – as a dietary supplement, or as directed by your healthcare practitioner.

Caution: *If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.*



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.